

**DEPARTMENT OF PSYCHOLOGY**  
**S.V.P. COLLEGE, BHABUA, KAIMUR,**  
**BIHAR**  
**WELCOME TO THE DEPARTMENT OF**  
**PSYCHOLOGY**

Presented by  
Dr. Seema Singh

Head

# Positive Vibes Only

NURTURING MINDS, INSPIRING  
CHANGE



The Department of Psychology was established in 1984 at the College as a constituent unit of Veer Kunwar Singh University. It is situated in the heart of Bhabua under the lap of Kaimosi. The department offers a B.A. (Hons) in Psychology. The curriculum covers a wide range of topics including cognitive psychology, developmental psychology, social psychology, and more. Students have the opportunity to engage in research and work experiences. Approx 1000 students enrolled in the department.

## Objective

Psychology aims to advance understanding of human behavior through rigorous research, innovative teaching, and community engagement. The department seeks to foster intellectual growth, critical thinking, and empathy among students, and to build a strong scientific knowledge base in psychology.

The department is a community of scholars and practitioners dedicated to providing

# Vision

be a leading hub of psychological inquiry and innovation  
contributions to both academic scholarship and societal well-being  
foster a culture of empathy, critical thinking, and interdisciplinary  
empower individuals to lead fulfilling lives and contribute positively

## Mission

to contribute to the understanding of human behavior, mind, and emotion  
while addressing the diverse needs of individuals and communities  
provide quality education and training to students, equipping them with the  
knowledge necessary for successful careers in psychology  
engage with the community through outreach programs, collaborations, and  
address real-world issues and promote psychological well-being  
foster interdisciplinary collaboration and innovation to tackle complex



# Actionable Plan with Future Direction:

disciplinary collaborations and enhance student engagement in research and practice and strengthen community part

- Foster a culture of well-being

## Future Direction

giving technologies and methodologies to advance research psychology.

connections with industry partners to create opportunities for internships, and employment.

y members to pursue interdisciplinary collaborations with department.

ities for hands-on experience through internships, practi assistantships.

wellbeing.

relevance in a rapidly changing world.

community of scholars and practitioners dedicated to the pursuit of knowledge and human well-being. In a world of increasing complexity and uncertainty, we will strive to create a more compassionate, equitable, and just society for generations to come.

## Significance to society

Psychology plays a crucial role in fostering a blissful society by understanding the psychological factors that contribute to individual and collective well-being. Through research on topics such as positive psychology, resilience, and emotional regulation, we can provide insights and tools that enable individuals and communities to thrive in the face of adversity.

<b>Sl.No.</b>	<b>Name</b>	<b>From</b>	<b>To</b>
<b>01.</b>	<b>Dr. Lallan Pandey</b>	<b>28.08.1957</b>	<b>31.12.1996</b>
<b>02.</b>	<b>Dr. Krishnnandan Sharma</b>	<b>01.01.1997</b>	<b>30.11.2010</b>
<b>03.</b>	<b>Dr. Seema Singh</b>	<b>03.06.2017</b>	<b>Till now</b>

Name	Joining Date	Designation	
Dr. Seema Singh	03.06.2017	Assistant Professor	· Pos
Ayaz Ahmad Siddiquee	03.06.2017	Assistant Professor	Clini Psyc
. Annapurna Gupta	06.08.2017	Assistant Professor	Clinical
Ashish Kumar Dubey		Assistant Professor	
. Dhananjay Kumar	11.05.2023	Assistant Professor(Guest	



# HOD

## Message



## Welcome to the Department of Psychology

Dear Students, Colleagues, and Visitors,  
Department of Psychology, where the exploration of the human mind is our core mission. At the heart of our department is a commitment to a supportive environment for all. Our department is dedicated to advancing psychology through a rigorous and innovative approach to research and education. We strive to create an environment that fosters intellectual growth and discovery.

tributes to the scientific community but also informs our curriculum. Our students receive a cutting-edge education. We are committed to equip students with the theoretical knowledge and practical skills in psychology. We also take pride in our state-of-the-art facilities, including a well-stocked laboratory, student counselling, departmental library and Anand Bhawan. Anand Bhawan is a cornerstone of our department. We are dedicated to applying the principles to make a positive impact on society. In our department, you will discover a vibrant and supportive environment. We invite you to join us in our mission of transformation to understand the human mind and make this earth a blissful planet through imparting and spreading the knowledge of psychology.

**Warm Regards,**  
**Dr. Seema Singh**  
**Head, Department of Psychology**  
**Sardar Vallabhbhai Patel College,**

significant milestones is the establishment of the 'Atam D...  
to cultivate positive mental health, happiness and resilienc

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'feel happy: I am a master of my thought' conducted in N...  
mark step towards the journey of transformation and flouri

ays like International Suicide Prevention Day shows our e...  
to community and good practice of psychological knowled

equipped with lecture hall, seminar room, fresh drinking water and specialized research facilities.  
s students and researchers with the tools they need to explore questions about the human mind and behavior.  
support teaching and research activities.

## List of Laboratory Equipment

g Test, Aesthesiometer, Block Design, Card Sorting Tray, Chronograph, Electronic Metronome, Mirror Drawing, Maze Learning, Psychograph, Playing Card, Star Blizer Automatic, Stop watch, Stopwatch (visual)

bers weight, Goggles blind, Anxiety test, Adjustment Inversion test, Color Preference Apparatus, Aero Voice Apparatus

**LIST OF APPARATUS AND TESTS**

<b>SN</b>	<b>NAME OF APPARATUS AND TESTS</b>	<b>QUANTITY IN NUMBER</b>	<b>QUANTITY IN WORDS</b>
1.	Alexander Pass Along Test	15	Fifteen
2.	Aesthesiometer	06	Six
3.	Block Design	15	Fifteen
4.	Card Sorting Tray	01	One
5.	Chronoscope RT	11 ( 9 manuL+2 ELECTRONIC)	Eleven
6.	Cube Construction	16	Sixteen
7.	Ergograph	04	Four
8.	Electronic Metronome	5 ( 2 wooden + 3 Electronic)	Five
9.	Mirror Drawing	08	Eight
10.	Maze Learning	14, ( 9 open +5 in wooden cover)	Fourteen
11.	Muller Iyer	03	Three
12.	Memory drum	10	Ten
13.	Nimograph	02	Two
14.	Playing Card	09	Nine
15.	Star Blizer Automatic	01	One
16.	Stop watch	16 (Yellow- 11+5 Small)	Sixteen
17.	Span Attention visual)	01 Piece	One
18.	Tachistoscope	10	Ten
19.	Webers weight	12 Box ( 8 Piece weight in 5 black box, 15 weight in 2 box 21 weight in 5 box)	Twelve
20.	Goggles blind	10	Ten
21.	Pully box	11	Eleven
22.	Anxiety test	40	Forty
23.	Adjustment Inventory	30	Thirty
24.	Star Paper	50	Fifty
25.	Mohsin Intelligence test	50	Fifty
26.	Colour Preference Apparatus	03	Three
27.	Aero Voice Apparatus	09 (7 white Box + 2 wooden box)	Nine
28.	Unfamiliar Apparatus	2 White box	Two
29.	Mirror	5	Five

**Psychology**  
A comprehensive curriculum covering various areas of psychology, including cognitive psychology, social psychology, clinical psychology, and more. This program offers students the opportunity to engage in hands-on research and fieldwork experiences.

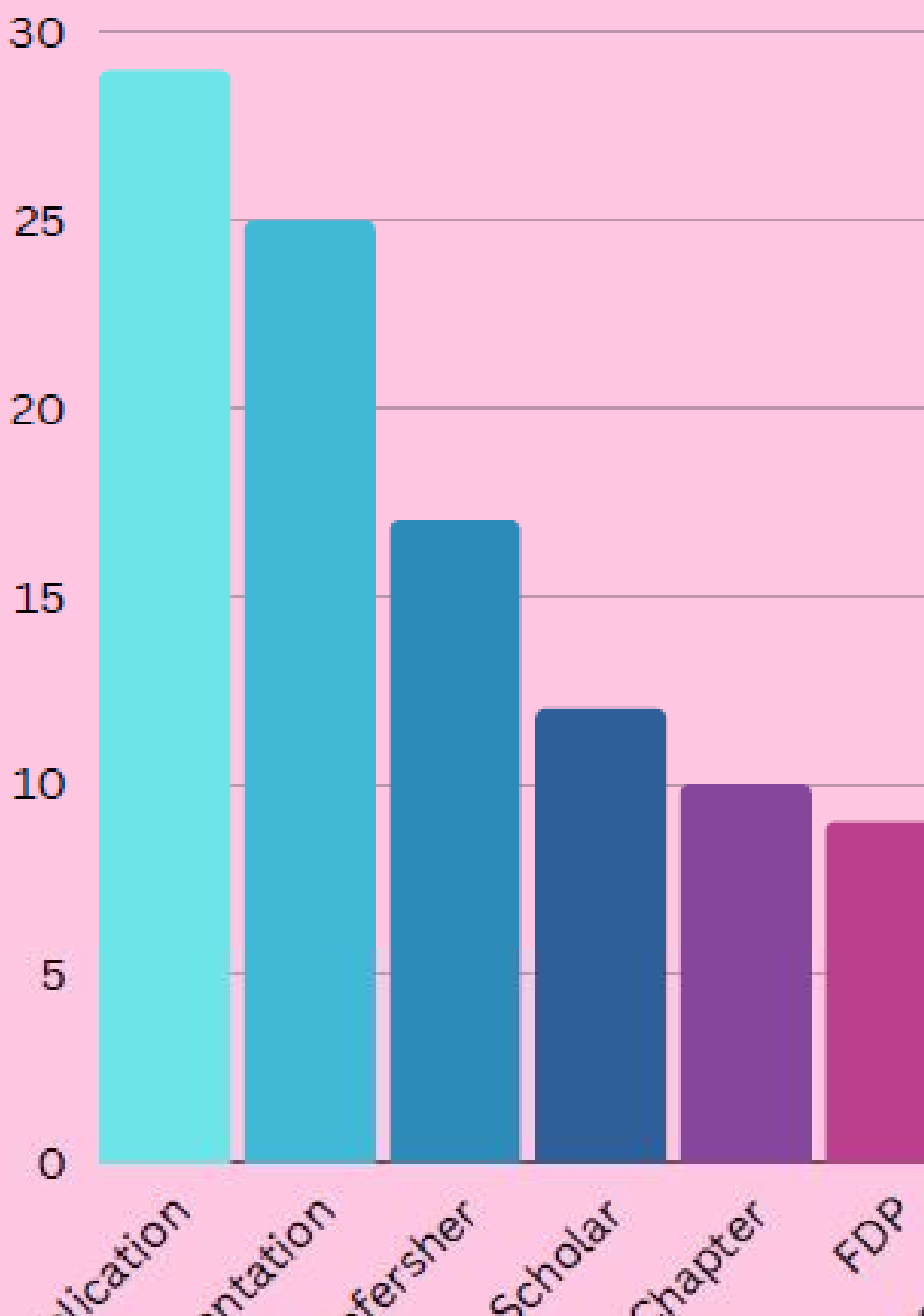
**Download NEP2020.pdf**

**Table:**

**Attachment Time Table.docx**

<b>1:40-2:30</b>	<b>2:30-3:20</b>	<b>3:20-4:10</b>	<b>4:10-5:00</b>
<b>BA MJC-3 Sem-3</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-3 Sem-3</b> AG	<b>BA MJC-8 Sem-5</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC -5 Sem-5</b> SS
<b>BA MJC-3 Sem-3</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-3 Sem-3</b> AD	<b>BA MJC-8 Sem-5</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC -5 Sem-5</b> NA
<b>BA MJC-3 Sem-3</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MDC-3 Sem-3</b> SS	<b>BA MJC-8 Sem-5</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC -5 Sem-5</b> AD
<b>BA MJC-3 Sem-3</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MDC-3 Sem-3</b> NA	<b>BA MJC-9 Sem-5</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC -6 Sem-5</b> AG
<b>BA MJC-4 Sem-3</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-1 Sem-1</b> AG	<b>BA MJC-9 Sem-5</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC -6 Sem-5</b> SS
<b>BA MJC-4 Sem-3</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-1 Sem-1</b> AD	<b>BA MJC-9 Sem-5</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MJC -8 Sem-5</b> NA

<b>DAY</b>	<b>12:00-12:50</b>	<b>12:50-1:40</b>	<b>1:40-2:30</b>	<b>2:30-3:20</b>
<b>Monday</b>	<b>BA MJC-11 Sem-6</b> <b>Practical</b> SS & AG	<b>BA MJC-2 Sem-2</b> Sec-A- SS; B- NA; C-AG; D- AD	<b>BA MJC-5 Sem-4</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-3 Sem-3</b> AG
<b>Tuesday</b>	<b>BA MJC-12 Sem-6</b> <b>Practical</b> NA & AD	<b>BA MJC-2 Sem-2</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MJC-5 Sem-4</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-3 Sem-3</b> AD
<b>Wednesday</b>	<b>BA MJC-6 Sem-4</b> <b>Practical</b> SS & NA	<b>BA MJC-2 Sem-2</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MJC-6 Sem-4</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MDC-3 Sem-3</b> Practical SS/NA
<b>Thursday</b>	<b>BA MJC-7 Sem-4</b> <b>Practical</b> AG & AD	<b>BA MJC-2 Sem-2</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MJC-6 Sem-4</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-3 Sem-3</b> Practical NA/AD
<b>Friday</b>	<b>BA MJC-2 Sem-2</b> <b>Practical</b> SS & AD	<b>BA MDC-2 Sem-2</b> SS	<b>BA MJC-7 Sem-4</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-3 Sem-3</b> AG
<b>Saturday</b>	<b>BA MJC-11/12</b> <b>Sem-6</b> <b>Practical</b> NA & AG	<b>BA MDC-2 Sem-2</b> NA	<b>BA MJC-7 Sem-4</b> Sec-A- SS; B- NA C-AG; D- AD	<b>BA MIC-3 Sem-3</b> AD





5. ...  
committed to promote Psychological

1 Mentoring.

There may be a lack of access to modern research facilities and technology.

Challenge: Challenges in attracting and retaining qualified faculty and staff due to limited amenities.

Course materials and psychological literature predominantly written for urban, middle-class students.

Challenge: Limited state or local resources for mental health services and research.

## **Opportunities**

Opportunity to conduct pioneering research on rural mental health, providing valuable insights to the field of psychology.

Potential for collaborations with NGOs, government bodies, and community organizations working on rural development and mental health.

Development of programs that address the mental health needs of the region, contributing to the region's overall development.



Issues of environment and sustainability, self directed and  
edge of basic concept of Psychology.

Ability to apply theoretical principles of Psychology to unde  
s and feelings of the individual.

professional assessment skills about psychological testin  
lticultural competence.

## **Course outcome**

Students to understand the basic psychological processes an  
everyday life.

Students to understand the basics of social psychology and t  
social world.

Understand basic statistical method, psychological testing, qu

Ability to understand the psychological disorders and their

ability the ability to understand the interface between education and psychology  
knowledge to understand the relationship between psychological research and practice  
and learn to enhance wellbeing.

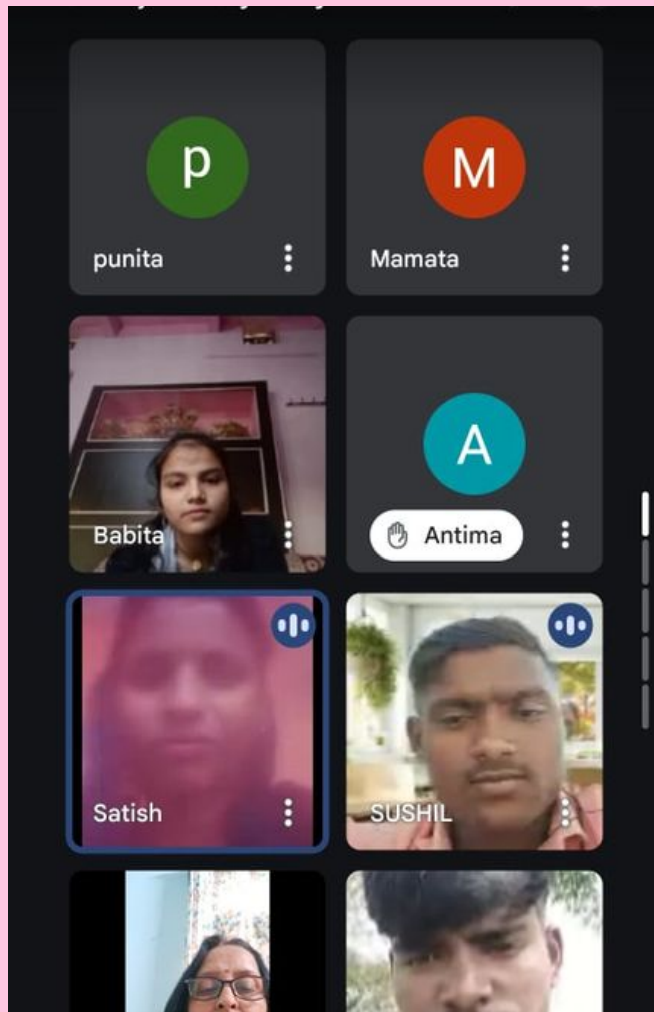
students to understand the concepts and process of human development.

students to understand the concepts and practices related to mental health.

to understand the biological basis of behavior.

# Result analysis

1	2018-21				
	I	254	119	04	
	II	204	167	00	
	III	139	137	01	
2	2019-22				
	I	160	149	05	
	II	172	142	07	
	III	143	133	05	
3	2020-23				
	I	278	157	14	
	II				
	III	214	213	00	
4	2021-24				
	I				
	II	277	255	09	
	III	249	246	02	
5	2022-25				
	I	342	297	13	
	II				





ank You

